



Quick Reference Guide

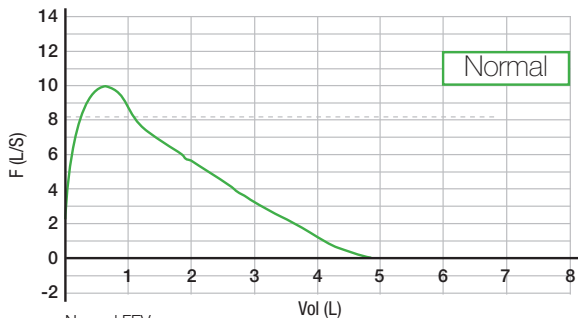
IQspiro® Digital Spirometer

- 1 In IQmanager®, **Select** a patient from **Patient List** or select **New Patient** and enter demographics and vitals. (Patient's race, date of birth, sex and height must be entered.)
 - 2 **Select** New Test button.
 - 3 **Select** Spirometer button, enter the Technician, Physician, Indication and Profile. **Select** OK.
 - 4 **Prepare** the patient for the spirometer test. **NOTE:** *Proper patient prep results in fewer repeat maneuvers.*
 - a. Explain the purpose of spirometry procedure to determine how hard and fast air can be exhaled.
 - b. Stress proper posture, including shoulders back and chin up (not leaning forward during exhalation).
 - c. Demonstrate procedure.
 - 5 **Insert** a new mouthpiece into the IQspiro®.
 - 6 **Apply** noseclip. **Instruct** patient to hold the IQspiro® up and to the side of their face.
 - 7 **Click on** Start New Test. Wait for device to zero.
 - 8 **Begin** test.
 - a. Coach patient to inhale maximally, then quickly place mouthpiece in the mouth and seal the lips.
 - b. BLAST out the air upon exhalation (for 6 seconds). Adjust posture if necessary.
- NOTE:** *Obtain three good maneuvers (with two matching). Do not exceed eight maneuvers in one session.*
- 9 **Click** Save Review button to save session and display review screen.
 - 10 **Eject** mouthpiece in trash receptacle once all maneuvers are completed.

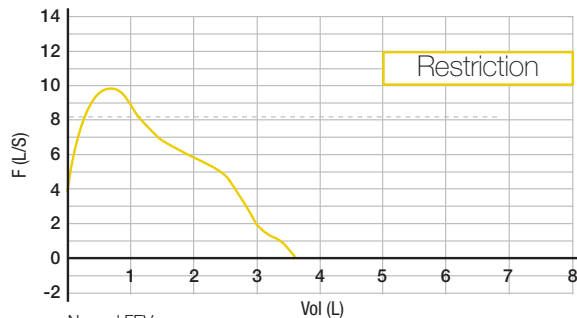
Please refer to the IQspiro® Operation Manual for further details and troubleshooting tips.



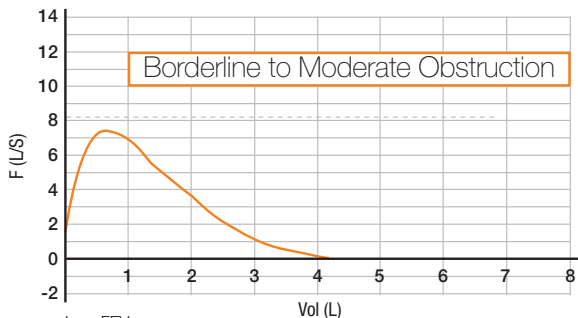
Examples of Normal, Restrictive and Obstructive Flow-Volume curves



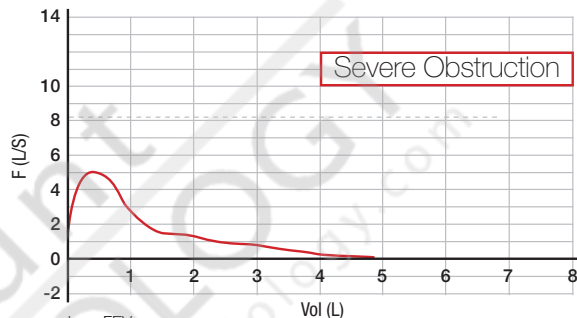
Normal FEV_1
 Normal PEF_1
 Normal FVC
 Normal FEV_1 / FVC % (~75%)



Normal FEV_1
 Normal PEF_1
 Low FVC
 Normal FEV_1 / FVC % (> 80%)



Low FEV_1
 Low PEF_1
 Normal FVC
 Low FEV_1 / FVC % (< 70%)



Low FEV_1
 Low PEF_1
 Normal FVC
 Low FEV_1 / FVC % (< 50%)